

May Lunch Menu

To reserve a meal, call (707) 462-4343 ext. 7009. Indoor seating now available.

- MEAL RESERVATIONS ARE GUARANTEED IF MADE BY 3 p.m. THE PRIOR BUSINESS DAY
- To go meals available for pickup at 11:30 a.m. Additional \$1.00 charge for containers.
- To go meals for our Center members are \$8. Meal cards can be purchased for \$40.



Sit-down meals are \$7 each for USC Members or purchase a 5 meal lunch card for \$35.

Non-member meal cost is \$8 each Dine in Monday through Friday. To go for non-members, \$9 each.

Meals are prepared by Ukiah Senior Center Chef Lisa and Staff.

All meals include seasonal fruit or dessert and are subject to change based on availability.

Gluten Free meals marked GF or GF option are by request. Vegetarian by request option available.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Beef Burritos Rice Corn GF	2 Liver and Onions OR Chef Salad GF	3 Cranberry Chicken Salad Sandwich Chips
6 Chicken Picatta In Lemon Caper Sauce Garlic Mashed Potatoes	7 Chili Dogs Mac Salad and Deviled Eggs	8 Tamale Pie with Corn Bread Corn GF	9 Creamy Pesto Chicken, Artichoke, Mushroom and Spinach Pizza	10 Thai Chicken Drumsticks Rice Sauteed Zucchini <i>Celebrating Mothers' Day</i>  GF
13 Spaghetti Salad Garlic Bread	14 Beef Tips and Noodles Green Beans	15 Chicken Enchiladas Rice Beans GF	<i>Birthday Lunch</i> 16 BBQ Ribs  Pasta Salad Corn on the Cob	17 Pulled Pork Sandwiches Potato Salad Veggie
20 Cheeseburger Fries Cole Slaw	21 Sweet and Sour Pork Stir Fry Veggies GF	22 Beef Stroganoff and White Rice Veggies GF	23 Pasta with Sausage and Veggies Garlic Bread	24 Chicken and Biscuits Salad
***** OPERATIONS CLOSED MEMORIAL DAY MAY 27 *****	28 BBQ Steak Mashed Potatoes Corn	29 Sourdough Roast Beef and Cheddar Melt Fries Apple Slaw	30 Chicken Fettuccini Alfredo Salad	31 BBQ Chicken Mac Salad Veggies