



The Scoop

May 2024
Volume 34 - No. 5

BARTLETT HALL PRESENTS

Spring Dance Party!

A Benefit for Ukiah Senior Center

Saturday - May 4th, 2024

DANCE 6:00 p.m. - 10:00 p.m.

BARTLETT HALL 495 Leslie Street

DOORS OPEN 5:00 p.m.

USC MEMBERS \$30 Non-Members \$35

Gourmet appetizers
and decadent
desserts are
included with
admission price!
Local Brews and Wine
available for purchase.
Raffle Prizes!

Tickets: Cash or check only - Mendocino Book Co. - 102 S. School St.

Bartlett Hall - Check, Cash or Credit Card - 495 Leslie Street

Information (707) 462-4343 Ext.7009



EASY STREET BAND

Rocking sounds from Elvis Presley and Neil Young
to Smokey Robinson and Credence!

THANKS TO OUR GENEROUS SPONSORS:

Mendocino Book Company, Mendoza Business Center,
Acevedo's Ukiah Truck Repair, Selzer Realty & Associates



Our Mission

THE MISSION OF THE UKIAH SENIOR CENTER is to enhance and improve the quality of life for all Ukiah seniors, their families and caregivers, and to enable seniors to remain as independent as possible for as long as possible.

Contact Us

(707) 462 - 4343

info@seniorctr.org

Welcome New Executive Director

Board of Directors

John McCowen - President
Vicki Bitonti - Brown, VP
Kristin Kelly, Treasurer
Lisa Doster, Secretary
Clara Lehman
Kathy Sheehy
Devra Wolf
Lynn Kirch

Admin Staff

Liz Dorsey
Executive Director
Dona Fridae Mitcham
Executive Assistant
David Reveles
Fiscal Manager
Shaun Condon
Fiscal Assistant

Lunch Bunch

Mary Ann Anderson
Lunch Bunch Manager
Ann Tucker
Volunteer Assistant

Outreach

Heather Haydon
Outreach Manager
Anna Phillips
Outreach Support

Transportation

Sheryl Mitcham
Trans. / Dispatch Manager
Vicki Blackburn, Support
Mike Navarro, Driver
Bruce Jones, Driver
Debbie Mothershed, Driver
Marilyn Drew, Driver
Ralph Chairez, Driver
Dean Pate, Driver
Juan Rodallegas, Driver

Dining Room

Lisa Silva
Chef Kitchen Manager
Josefina Aguilar de Soriano
Meal Program Assistant
Jessica Tominia MPA

Events - Member Services

Amelia Rodriguez
Bartlett Hall Manager
Margaret Yates
Cashier
Kevin Kelley
Maintenance / Grounds

Thrift Store

Donna Hookins
Manager
Nancy Anderson
Assistant Manager



I am excited and honored at becoming part of the Senior Center family. I hope you'll indulge me for a moment to share a bit about myself.

Like my father, I was born in the Ukiah Valley and am part of the long time Ford family residents. I married my first husband and became Liz Elmore, which is when my more public career

began. We raised our four sons in Ukiah. Now, with my second husband, Bob Dorsey Jr., free time is spent enjoying our grandchildren.

I have always had two groups of people that are often forgotten and discarded, close to my heart, our youth and our elderly. I began my career working as an advocate and educator of children and young adults. I dedicated more than 40 years of service to our community's youth and have enjoyed every step along the way. Choosing to retire from Boys & Girls Club as the Chief Executive Officer, I knew I wasn't fully retiring, but wasn't sure what was next for me. That is until now. I am excited to start my journey working with USC and look forward to meeting everyone. My door will always be open and I'd love for you to stop by.

Liz Dorsey

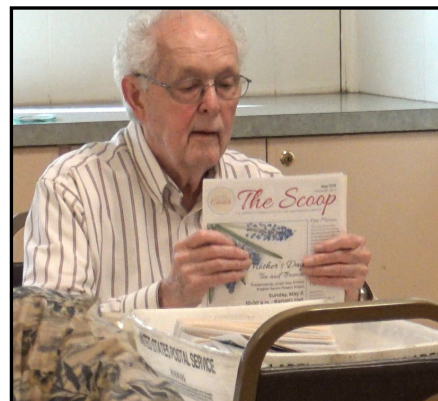
Remembering Jim Busch...



Past Executive Director
Diana Clarke and Jim Busch

On March 1st, the Center unexpectedly lost one of its most devoted members, benefactors and volunteers, James Mason Busch, my friend Jim.

For many years, Jim was a daily diner at the Bartlett Hall weekday luncheons, where he often shared conversations with fellow USC members, Diane Thomas, Lillian Fisher, Tom and Gayleen Desroches and Eva



McGehee. As a USC volunteer, he was a dedicated member of the newsletter group that met each month to assemble copies of *The Scoop* for mailing.

Jim's affable nature and kind demeanor

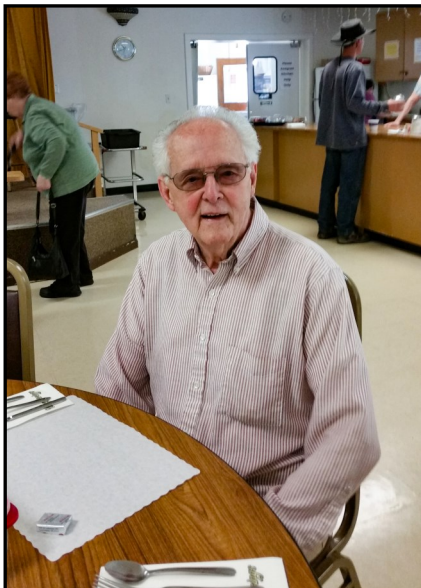
was such a pleasure to be around. Several years ago, Jim approached me about our ongoing plans for the development of a new Ukiah Senior Community Center, for which Jim expressed great enthusiasm and interest. We discussed all aspects of the project, what property site might be used, how the buildings would look, how many more people it could accommodate.

continued page 3

Jim Busch continued...

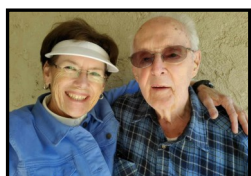
Jim's devotion to the Center and its future legacy, subsequently moved him to make an enormously generous offer.

Jim decided to pledge annual contributions to the Capital Project in the amount of \$100,000 over a period of five years, after which the remainder of a trust account in his name would be donated to the Capital Project.



In recognition of this generosity, USC agreed to name the future

Community Center in his name. For the first few years, Jim asked that we keep his contributions anonymous, but on his 90th birthday, Jim allowed



USC to recognize him as the tremendous benefactor he had become.

In September 2023, I was fortunate to have visited with Jim during a trip to Ukiah from my new home in Ohio. Never did I believe this would be my last time seeing Jim. But he indulged my taking this selfie with him, which now I treasure greatly. No one has been a bigger friend or benefactor to the Ukiah Senior Center than Jim Busch. The Center will carry his legacy and memory for many years to come.

Jim's obituary is online below:

<https://www.eversolefs.com/obituaries/james-busch>

Sharon Jean Marshall



Ukiah Senior Center has lost another friend, asset and supporter to us all.

Sharon Marshall, our Board President, passed from this earth in early April 8th 2024 after a brief illness. She was 81 years young.

A former advertising and marketing executive, Sharon moved to Ukiah in 2004 from the Bay Area, with her husband Craig Zachlod. She joined the administrative team at Mendocino Community Health Clinic as Grant Analyst and later became Assistant to the Chief Operations Officer. She retired from MCHC in 2011. Sharon was a member of the AAUW for many years and was their Communications Officer.

Sharon was a Ukiah Senior Center Board member in 2008 and served several terms. After a break, she returned to the USC Board in July 2020 and served as the Board President until her death. Sharon believed that the Senior Center provided critical services to seniors while benefiting the community at large.

Sharon used her skills to help proof the Centers' news-

letter before publication and always made a point of thanking staff. Although soft-spoken, she made all of us feel appreciated with a smile and a twinkle in her eyes. She was always on hand at major events, greeting people at the front desk and enjoyed serving Thanksgiving Dinner every year.

Sharon – the Ukiah Senior Center Board, staff, volunteers, and members thank you for your dedicated service and commitment. May you rest in peace...



Sustaining Donors

Community Foundation
of Mendocino County
James M. Busch Trust
Eva Dunnebeck Estate Fund
Beverly Morby Estate Fund
George and Ruth Bradford Foundation
Mabel Albertson Fund
T.R. Eriksen Foundation
Ukiah Senior Center Endowment Fund
William H. Carter Trust
Mary Facklam Memorial Endowment Fund

Thank you Recent Donors

Cleda Erickson
David Mondragon
Dorothea Parsons
"In Memory of James Busch"
Erin Zeigler
Jennifer Richardson
"In Memory of Hank Bouillercer"
Keria Weyhrauch
Steven Lincoln
Willard Carlstedt
Kristin Kelly
"In Memory of James Busch"

Board Meeting

The next Ukiah Senior Center Board Meeting
will take place on Wednesday,
May 15 at 2:30 p.m. in the Lunch Bunch Room.

For her exceptional dedication while serving as
"Interim Executive Director", The Ukiah Senior
Centers' Board of Directors gratefully

acknowledges:



Lisa Silva



Welcome New Members!

Linda Burris
Georgina Burson
Karl Cauckwell
Patrick Hovland
Elisabeth Hovland
Robert Jones
Magdalena Mejia
Catherine Rolzinski
Margaret Ruffidge
Faye Sharp

The Ukiah Senior Center
expresses our heartfelt sympathy
to the friends, family and loved ones of...

Harvey Baumel

Agnes Daugherty

Loretta Horn

Sharon Marshall

James Busch



May Lunch Menu

To reserve a meal, call (707) 462-4343 ext. 7009. Indoor seating now available.



- MEAL RESERVATIONS ARE GUARANTEED IF MADE BY 3 p.m. THE PRIOR BUSINESS DAY
- To go meals available for pickup at 11:30 a.m. Additional \$1.00 charge for containers.
- To go meals for our Center members are \$8. Meal cards can be purchased for \$40.

Sit-down meals are \$7 each for USC Members or purchase a 5 meal lunch card for \$35.

Non-member meal cost is \$8 each Dine in Monday through Friday. To go for non-members, \$9 each. Meals are prepared by Ukiah Senior Center Chef Lisa and Staff.


All meals include seasonal fruit or dessert and are subject to change based on availability.

Gluten Free meals marked GF or GF option are by request. Vegetarian by request option available.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Beef Burritos Rice Corn GF	2 Liver and Onions OR Chef Salad GF	3 Cranberry Chicken Salad Sandwich Chips
6 Chicken Picatta In Lemon Caper Sauce Garlic Mashed Potatoes	7 Chili Dogs Mac Salad and Deviled Eggs	8 Tamale Pie with Corn Bread Corn GF	9 Creamy Pesto Chicken, Artichoke, Mushroom and Spinach Pizza	10 Thai Chicken Drumsticks Rice Sauteed Zucchini <i>Celebrating Mothers' Day</i>  GF
13 Spaghetti Salad Garlic Bread	14 Beef Tips and Noodles Green Beans	15 Chicken Enchiladas Rice Beans GF	<i>Birthday Lunch</i> 16 BBQ Ribs  Pasta Salad Corn on the Cob	17 Pulled Pork Sandwiches Potato Salad Veggie
20 Cheeseburger Fries Cole Slaw	21 Sweet and Sour Pork Stir Fry Veggies GF	22 Beef Stroganoff and White Rice Veggies GF	23 Pasta with Sausage and Veggies Garlic Bread	24 Chicken and Biscuits Salad
***** OPERATIONS CLOSED MEMORIAL DAY MAY 27 *****	28 BBQ Steak Mashed Potatoes Corn	29 Sourdough Roast Beef and Cheddar Melt Fries Apple Slaw	30 Chicken Fettuccini Alfredo Salad	31 BBQ Chicken Mac Salad Veggies

May 2024 Activities

ACTIVITIES INFORMATION LINE
707 - 462 - 4343 X 7003

Monday	Tuesday	Wednesday	Thursday	Friday	
Spring Dance Party Saturday, May 4th See front cover for details!		1 9:00 - 11:00 Computer Lab 9:00 Walking Group at Todd Grove Park 2:00 - 3:00 Line Dancing Beginners 1:00	2 1:30 - 3:30 Card Table Bingo	3 10:00 Board/Card games 1:00 - 2:00 CalFresh Q&A 2:00 Movie Matinee <i>The Catcher was a Spy</i> 5:00 English as a second Language	
	6 9:30 - 10:30 Card Games 9:30 - 12:00 Beading Group 10:00 - 12:00 Quilters Group 12:30 - 4:30 Duplicate Bridge	7 9:00 - 11:00 Computer Lab 9:00 - 11:00 CHP Age Well ★ Drive Safe Presentation 11:30 - 1:45 Singing 2:00 - 3:00 Senior Aerobics <i>Creative Movement</i> 6:00 - 9:00 Bingo	8 9:00 - 11:00 Computer Lab 9:00 Walking Group at Todd Grove Park 2:00 - 3:00 Line Dancing Beginners 1:00	9 9:00 Oscar's Place ★ Donkey Sanctuary trip to Hopland Meet at Bartlett, car pool and arrive together. 1:30 - 3:30 Card Table Bingo	10 10:00 Board/Card games 1:00 - 2:00 CalFresh Q&A 2:00 Movie Matinee <i>Spaceman</i> 5:00 English as a second Language
	13 9:30 - 10:30 Card Games 9:30 - 12:00 Beading Group 10:00 - 12:00 Quilters Group 12:30 - 4:30 Duplicate Bridge 5:30 - 8:30 Bunko ★	14 9:00 - 11:00 Computer Lab 11:30 - 1:45 Singing 2:00 - 3:00 Senior Aerobics <i>Creative Movement</i> 6:00 - 9:00 Bingo	15 9:00 - 11:00 Computer Lab 9:00 Walking Group at Todd Grove Park 2:00 - 3:00 Line Dancing Beginners 1:00	16 1:30 - 3:30 Card Table Bingo	17 10:00 Board/Card games 1:00 - 2:00 CalFresh Q&A 2:00 Movie Matinee <i>Shirley</i> 5:00 English as a second Language
	20 9:30 - 10:30 Card Games 9:30 - 12:00 Beading Group 10:00 - 12:00 Quilters Group 2:00 - 3:00 Ice Cream Social NOTICE TEMPORARY ★ DATE CHANGE	21 9:00 - 11:00 Computer Lab 11:30 - 1:45 Singing 2:00 - 3:00 Senior Aerobics <i>Creative Movement</i> 6:00 - 9:00 Bingo	22 9:00 - 11:00 Computer Lab 9:00 Walking Group at Todd Grove Park 2:00 - 3:00 Line Dancing Beginners 1:00	23 1:30 - 3:30 Card Table Bingo	24 10:00 Board/Card games 1:00 - 2:00 CalFresh Q&A 2:00 Movie Matinee <i>Dream Scenario</i> 5:00 English as a second Language
	***** OPERATIONS CLOSED MEMORIAL DAY  MAY 27 *****	28 9:00 - 11:00 Computer Lab 11:30 - 1:45 Singing 2:00 - 3:00 Senior Aerobics <i>Creative Movement</i> 6:00 - 9:00 Bingo	29 9:00 - 11:00 Computer Lab 9:00 Walking Group at Todd Grove Park 10:00 Rock Painting with Dora ★ 2:00 - 3:00 Line Dancing Beginners 1:00	30 1:30 - 3:30 Card Table Bingo	31 10:00 Board/Card games 1:00 - 2:00 CalFresh Q&A 2:00 Movie Matinee <i>The Beautiful Game</i> 5:00 English as a second Language

SUNDAY BASH!

May 12



495
Leslie Street

Ticket sales 10:30 a.m. - 1:00 p.m. Games Begin 1:00

Minimum buy in \$15, includes every game
 Payout depends on attendance
 Minimum payout \$35 every game
 A chance at 3 - \$250 BLACKOUTS

\$6.00 Lunch Served 11:00 a.m. to 12:30 p.m.

Happy Mother's Day Pizza!

Snack Bar with Chips, Soda, and other goodies will be open all day! Non-smoking. Any adult 18 years and older.



MONDAY, May 13

Held at Bartlett Hall, 495 Leslie St.

5:30 p.m. - 8:30 p.m.

Raffle Prizes

\$12 per person includes: Door Prizes, Buffet, Bunko Game and Bunko prize

Please RSVP Claudia at (707) 468-8174

Open to the Community. Any adult 18 years and older. Proceeds benefit The Ukiah Senior Center.

May Movie Matinee!

Fridays, 2:00 p.m. Bartlett Hall
Donations Appreciated!



May 3 - *The Catcher was a Spy*
(2018) R 1 hr. 38 min.

Major League Baseball player Moe Berg lives a double life as a spy for the Office of Strategic Services during World War II and is in danger of getting caught out.



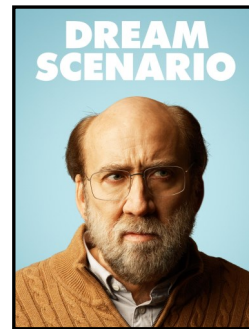
May 17 - *Shirley*
(2024) PG -13 1 hr. 58 min.

In 1972, the first-ever Black congresswoman, Shirley Chisholm, launched a trailblazing campaign to become the president of the United States.



May 10 - *Spaceman*
(2024) R 1 hr. 47 min.

Six months into a solo mission, a lonely astronaut confronts the cracks in his marriage with help from a mysterious creature he discovers on his ship.



May 24- *Dream Scenario*
(2023) R 1 hr. 42 min.

A family man finds his life turned upside down when millions of strangers suddenly start seeing him in their dreams. However, when his nighttime appearances take a nightmarish turn, he's forced to navigate the consequences of his newfound stardom.

Stuff the Bag!
One bag of clothes
\$7
You fill the bag!

First week of every month
1st thru 7th
MARK YOUR CALENDAR!

Ukiah Senior Center
Thrift Store
497 Leslie Street
707-462-4343 ext 7010

New items arriving daily!
Shop early for the best bargains!

Store Hours
Monday thru Saturday
10:00 - 4:30



May 31 - *The Beautiful Game*
(2024) PG -13 2hr. 5 min.

Mal is the manager of England's homeless football team, taking his players to Rome with the hope of being crowned champions of the Homeless World Cup. He brings with them a talented striker, Vinny, who could give them a real chance at winning.



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Heather Haydon
Outreach Manager
(707) 462 - 4343
ext.7006



outreach@ukiahseniorcenter.org
Information representative for CalFresh
Heather will be available to answer your questions in Bartlett Hall, from 1:00 p.m.



Happy May Birthday to You!



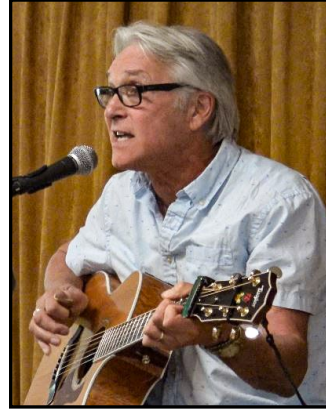
- | | |
|--------------------|-------------------------|
| Carre Brown | Linda Nagel |
| Floyd Knox | Kathleen Rosenberg |
| Nancy Nanna | Pam Rozed |
| Ernest Rulia | Evelyn Vance |
| Stephen Smith | Timothy Culp |
| Sharon Valentine | Mary Snyder |
| Bethany Powers | Joan Fortin |
| Ann Kilkenny | Katherine Guilfoyle |
| Barbara McCulloch | Eleanor Kotila |
| Bobbi Ryan | Johnie Meador |
| Ruth Howell | Ann Denham |
| Linda Sarenus | Delbert Guitierrez |
| George Ginochio | Annie Gould |
| Sheila McCarthy | Glenn Logan |
| Minola Sturges | Donna Whetstone |
| Kenneth Cagnina | Joseph Blake |
| Heather McKenzie | Gayland Ott |
| Pauline Rantala | Faye Hefte |
| Michelle Linderman | Sue Rogina |
| Otty Lippi | Don McCallum Lisa Silva |
| Inez Cake | Joanne Chiles |
| Carol Anne Cruise | Marilyn Drew |
| Cheryl Currey | Marvin Boesel |
| Linda Simmons | Jim Mayo |

Volunteers!

People of all kinds and skills are needed to work at Ukiah Senior Center. There will be a Volunteer meeting on the first Thursday of every month at 10:00 a.m. in Bartlett Hall.

Ice Cream Social

Please note that because of the Memorial Day Holiday on the 4th Monday of the month, the Ice Cream Social will be held on Monday, May 20th, from 2:00-3:00 p.m.



Entertainment will be provided by singer-songwriter, Les Boek. Les plays old timey country tunes as well as some Elvis.

The Ice Cream Social is a community event and all are welcome to come and enjoy a dish of ice cream with top-

pings and pie or cake for \$3.00. Members over 90 years old or those coming to the Social in their birthday month will enjoy free admission.

This event has a \$50 raffle grand prize sponsored by this month's Selzer realtor, Jeni Sobbizadeh.

Door prizes will include a breakfast for two at Windmills Café! Thanks to the donors and volunteers who set up and serve for the Ice Cream Social held in Bartlett Hall, (707) 462-4343. ext.7009

Thank You for supporting our Dining Room and Ice Cream Socials!



The Mendo -C- Notes singing group needs a piano - keyboard player. 707- 462 - 4343 ext. 7003

Sponsor a Senior Meal or Ride

Meal cards and Bus passes are also available to purchase for a senior.

Meals X \$8.00 = _____

Rides X \$6.00 = _____

Mail your donation with this coupon to:

Ukiah Senior Center

499 Leslie Street

Ukiah, CA 95482

or...

Bring to Bartlett Hall Monday - Friday

9:00 a.m. - 5:00 p.m.



Sponsor a Senior Health Ride

Help a senior with transportation to medical appointments, locally or out of town.

Ukiah \$6.00

Willits \$30.00

Santa Rosa \$70.00

Other _____

Donations can also be made online at:

www.ukiahseniorcenter.org

Membership Special

Some members may have noticed an old date close to their name label on *The Scoop*. This means your membership has expired. The Center is offering a special. New members joining the Center between May 1, 2024 - June 30, 2024 will have a membership that expires June 30, 2025.

Becoming a member provides support for the many programs, services and activities that we offer at little or no cost to local seniors. This enables the Center to keep its doors open. Membership benefits include meal ticket discounts for our popular Bartlett Hall Lunches, discounts for special events, discounts at the Thrift Store and copies of *The Scoop* monthly newsletter mailed to your door, sent to your personal e-mail, or both. Your memberships keep the Center vibrant and strong. Renew or become a member today!

Membership Form

Date: _____

Renewal/s New Member/s (please check box)

\$40 per person _____ \$65 per household _____

Name: _____

Birth date: Month _____ Day _____ Year _____

Name: _____

Birth date: Month _____ Day _____ Year _____

Address: _____

City _____ State _____ Zip _____

Phone: Home _____ Cell _____

E-mail: _____

Please enclose this form with your payment, or bring it with you when stopping by the Center.

Please make your checks payable to Ukiah Senior Center and mail to: 499 Leslie Street, Ukiah CA 95482

We also accept Visa and MasterCard. We appreciate your membership!

NOW WELCOMING AND ACCEPTING NEW PARTICIPANTS!



The Lunch Bunch Care and Activity Program

Providing respite for caregivers and family members in the care of their loved ones. Music, crafts, lunch, games, gentle movement and fun socialization.



Socialization and Sharing



Coordination Game Challenge



Mild Exercise



Lunch with Friends



Music and Dancing



Bus Transportation



Fun Games

Need more information? Just give us a call to join the program. Drop-ins are welcome with 24-hour notice.

Mary Ann Anderson
Manager



Ann Tucker, Volunteer Assistant
(707) 462 - 4343 ext.7005
lunchbunch@ukiahseniorcenter.org



Ukiah Senior Center
 499 Leslie Street
 Ukiah, CA 95482-5506

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