February 2024
Volume 34 - No. 2

The Scoop

Major Fundraiser
to Benefit
Ukiah Senior Center

"An Affair to Remember"

A Valentine's Day Dinner Dance

February 10th, 2024

Carl Purdy Hall, Redwood Empire Fairgrounds
Music by
"Decades"

Dinner Dance with Silent Auction & Dessert Auction
Catered by Redwood Empire Lions Club
Dinner: 5:00 p.m. Dance: 7:00 p.m. - 10:00 p.m.
Guest MC Tom Allman

Tickets: $75.00 USC Members $65. 00

Tickets can be purchased at:
- Bartlett Hall - Credit Card, Check or Cash
- Mendocino Book Company - Check or Cash Only
- On -Line - Eventbrite.com

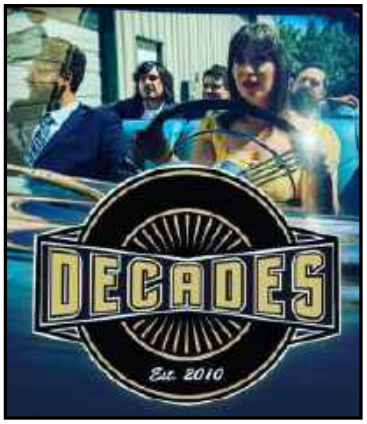
Sponsor Tables Available

Advertise your business while supporting our seniors & disabled adults

Call: Sheryl Mitcham (707) 391 - 2485
Email: smitcham@seniorctr.org
More Information: (707) 462 - 4343

Our Mission

THE MISSION OF THE UKIAH SENIOR CENTER is to enhance and improve the quality of life for all Ukiah seniors, their families and caregivers, and to enable seniors to remain as independent as possible for as long as possible.



The monthly Newsletter of the Ukiah Senior Center...When you've got *The Scoop*, you're in the loop!

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Thrift Store

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Manager
Nancy Anderson
Assistant Manager

Recent Activity Highlights...

What a busy time we had in December at our Center!

An Affair to Remember

The Ukiah Senior Center, marking over 52 years of service to the Ukiah and surrounding community, is organizing a significant fundraising event titled, "An Affair to Remember" on Saturday, February 10, 2024. The proceeds from this event will support the maintenance of Bartlett Hall and help cover the operational expenses for programs and activities benefiting seniors and disabled adults. The center relies on donations, grants and endowments since it doesn't receive funding from the City of Ukiah or Mendocino County.

The event, hosted at Carl Purdy Hall on the Redwood Empire Fairgrounds, promises a delightful evening with a full service no-host bar, appetizers by Chef Lisa and an opportunity to bid at Silent and Dessert auctions. Dinner featuring Tri Tip and Prawns, baked potatoes, salad and rolls with Rosemary-garlic butter is being catered by Redwood Empire Lions Club. The renowned band "DECADES" will provide entertainment spanning Chuck Berry to Katy Perry for dancing pleasure.

Attendees can become sponsors at various levels, enjoying perks like reserved tables, complimentary tickets, wine, and media recognition. Sponsorship and ticket sales contribute to vital programs, including door-thru-door transportation, affordable nutritious meals, adult day care, seminars and socialization for the senior community.

Those interested in sponsorship should contact Sheryl Mitcham, Event Chair, at 707-462-4343 X 7004 or smitchman@seniorctr.org.

Tickets are available at Bartlett Hall, Mendocino Book Company and online at www.eventbrite.com

Thank You Recent Angel Annual Donors!

West America Bank
Sons of Italy
Guilford Dye
Vaughn Mobley
Koreen Welch
Anonymous
Bonnie Wildberger
Doug Crane
Donal Coursey MD
Daphne Macneil
George and Ruth Bradford Foundation
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Robert and Linda Chapman Gates
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Doug Solis
Mary Foucault
John Azzaro
Kenneth Hoek
Lisa Bard
Marilynn Zensen
Mercy and George Ginochio
Raymond Hall
Robert and Joanne Calson MD
Bruce Ledford
Star Roberts
Thomas Raymondson
David Nelson
Randy and Sandy Dorn

Thank You Sustaining Donors

Community Foundation of Mendocino County
James M. Busch Trust
Eva Dunnebeck Estate Fund
Beverly Morby Estate Fund
George and Ruth Bradford Foundation
Mabel Albertson Fund
T.R. Eriksen Foundation
Ukiah Senior Center Endowment Fund
William H. Carter Trust

Thank You Recent Angel Annual Donors!

Kristin Kelly
Charley Newman
Rick and Jane Cupples
Lori Carter
Julia Ferrigan
Jette Vinding
Lene Vinding
Ignacio Gonzalez
Hildreth Farms, Inc.
Stephen Snyder
Charles Dabney Hurd
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Adele Buck
Faye Hefte
Sarah Edwards
Melody Fallis
Dr. David Rogers
Jp Leveille
Mendocino Seaside Cottage
Thelma Levy
Mark Mendenhall

Community Donors

The Center would like to express our sincere appreciation and gratitude to West America Bank for their generous donation of $2,000 to our dining room during the Holidays.

We would not be able to serve so many without the support of our community organizations such as West America Bank.

Pictured above left to right: Cecile Stifle, West America Bank Assistant Vice president, Lisa Silva, USC Interim Executive Director and Sierra Marques, West America Bank Vice President. Thank you for helping us to make the Holidays special here at the Center!

The Center would like to acknowledge and thank the Ukiah Sons of Italy for their recent $500 donation to our Lunch Bunch Program.

We have a long history with this generous and hard-working community organization at the Ukiah Senior Center.

Stay tuned for an upcoming event the Sons of Italy and Bartlett Hall are hosting on Saturday, March 16th with a “Mystery Dinner Theme.” This will be an intriguing and fun one!

Thank you Sons of Italy, for always supporting the Center! Your efforts are very appreciated.

February Lunch Menu

To reserve a meal, call (707) 462-4343 ext. 7009. Indoor seating now available.

- MEAL RESERVATIONS ARE GUARANTEED IF MADE BY 3 p.m. THE PRIOR BUSINESS DAY
- To go meals available for pickup at 11:30 a.m. Additional $1.00 charge for containers.
- To go meals for our Center members are $8. Meal cards can be purchased for $40.

Sit-down meals are $7 each for USC Members or purchase a 5 meal lunch card for $35.
Non-member meal cost is $8 each Dine in Monday through Friday. To go for non-members, $9 each.
Meals are prepared by Ukiah Senior Center Chef Lisa and Staff.

All meals include seasonal fruit or dessert and are subject to change based on availability.
Gluten Free meals marked GF or GF option are by request. Vegetarian by request option available.

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Liver and Onions OR Shrimp Louie Salad GF	2 Stuffed Bell Peppers Pasta Garden Salad GFO
5 Alice Springs Chicken Roasted Red Potatoes Veggie GF	6 Roast Turkey with Gravy Wild Rice Stuffing Sweet Potatoes GF	7 Egg Salad on Croissant Bean Soup Fresh Fruit	8 Grilled Ham and Cheese Tomato Soup Potato Salad	9 Beef Stew Garlic Bread Green Salad with Ranch Dressing
12 Patty Melt Macaroni Salad	13 Chicken Enchiladas with Rice and Red Beans GF	14 Blackberry BBQ Chicken Macaroni and Cheese Broccoli Salad	Birthday Lunch 15 Roast Beef with Gravy Loaded Smashed Potatoes Veggie GF	16 Combo Pizza Salad with Thousand Island Dressing
19 Turkey Club Sandwich Split Pea Soup	20 Tortellini with Meat Sauce Zucchini	21 Chicken Marsala Saffron Rice Veggie GF	22 Strawberry Grilled Chicken Salad Wild Rice Soup GF	23 Lasagna Garlic Bread Green Salad
26 Beef Tips Mashed Potatoes Veggie GF	27 Grilled Steak with Blue Cheese Mustard Sauce Chili Beans Side Salad GF	28 Garlic Chicken Artichoke Pasta Peas GFO	29 Cashew Chicken Salad Cream of Mushroom Soup GF	

February 2024 Activities

ACTIVITIES INFORMATION LINE
707 - 462 - 4343 X 7003

Monday	Tuesday	Wednesday	Thursday	Friday
			1 1:30 - 3:30 Card Table Bingo	2 10:00 Board/Card games 1:00 - 2:00 CalFresh Q&A 2:00 Movie Matinee *Oppenheimer* 4:30 - 5:30 Loteria
5 9:30 - 10:30 Card Games 9:30 - 12:00 Beading Class 10:00 - 12:00 Quilters Group 12:30 - 4:30 Duplicate Bridge	6 9:00 - 11:00 Computer Lab 11:30 - 1:45 Singing 2:00 Write it Down! Room 5 2:00 - 3:00 Senior Aerobics *Creative Movement* 6:00 - 9:00 Bingo	7 9:00 - 11:00 Computer Lab 10:00 Grace Hudson Tour ★ 10:00 Walking Group at Todd Grove Park 2:00 - 3:00 Line Dancing Beginners 1:00	8 1:30 - 3:30 Card Table Bingo	9 10:00 Board/Card games 1:00 - 2:00 CalFresh Q&A 2:00 Movie Matinee *Genie* 4:30 - 5:30 Loteria
12 9:30 - 10:30 Card Games 9:30 - 12:00 Beading Class 10:00 - 12:00 Quilters Group 12:30 - 4:30 Duplicate Bridge 5:30 - 8:30 Bunko ★	13 9:00 - 11:00 Computer Lab 11:30 - 1:45 Singing 2:00 - 3:00 Senior Aerobics *Creative Movement* 6:00 - 9:00 Bingo	14 9:00 - 11:00 Computer Lab 9:00 - 12:00 Women's Book Group 10:00 Walking Group at Todd Grove Park 2:00 - 3:00 Line Dancing Beginners 1:00	15 9:30 Oscar's Place Outing ★ 1:30 - 3:30 Card Table Bingo	16 10:00 Board/Card games 1:00 - 2:00 CalFresh Q&A 2:00 Movie Matinee *The Creator* 4:30 - 5:30 Loteria
19 9:30 - 10:30 Card Games 9:30 - 12:00 Beading Class 10:00 - 12:00 Quilters Group 12:30 - 4:30 Duplicate Bridge	20 9:00 - 11:00 Computer Lab 11:30 - 1:45 Singing 2:00 Write it Down! Room 5 2:00 - 3:00 Senior Aerobics *Creative Movement* 6:00 - 9:00 Bingo	21 9:00 - 11:00 Computer Lab 10:00 Walking Group at Todd Grove Park 2:00 - 3:00 Line Dancing Beginners 1:00	22 1:30 - 3:30 Card Table Bingo	23 10:00 Board/Card games 1:00 - 2:00 CalFresh Q&A 2:00 Movie Matinee *NYAD* 4:30 - 5:30 Loteria
26 9:30 - 10:30 Card Games 9:30 - 12:00 Beading Class 10:00 - 12:00 Quilters Group 2:00 - 3:00 Ice Cream Social ★	27 9:00 - 11:00 Computer Lab 11:30 - 1:45 Singing 2:00 - 3:00 Senior Aerobics *Creative Movement* 6:00 - 9:00 Bingo	28 9:00 - 11:00 Computer Lab 10:00 Walking Group at Todd Grove Park 2:00 - 3:00 Line Dancing Beginners 1:00	29 1:30 - 3:30 Card Table Bingo	

SUNDAY BASH!

February 11

495 Leslie Street

Ticket sales 10:30 a.m. - 1:00 p.m. Games Begin 1:00

Minimum buy in $15, includes every game
Payout depends on attendance
Minimum payout $35 every game
A chance at 3 - $250 BLACKOUTS

$6.00 Lunch Served 11:00 a.m. to 12:30 p.m.

Meatloaf, Mac and Cheese, Veggies

Snack Bar with Hot Dogs, Chili,
Chips, Soda, open all day! Non-smoking.
Any adult 18 years and older.

MONDAY, February 12

Held at Bartlett Hall, 495 Leslie St.
5:30 p.m. - 8:30 p.m.
Raffle Prizes

$12 per person includes: Door Prizes,
Buffet, Bunko Game and Bunko prize

RSVP with Jan Tipton (707) 462 - 0004

Open to the Community. Any adult 18 years and older. Proceeds benefit The Ukiah Senior Center.

February Movie Matinee!

Fridays, 2:00 p.m. Bartlett Hall

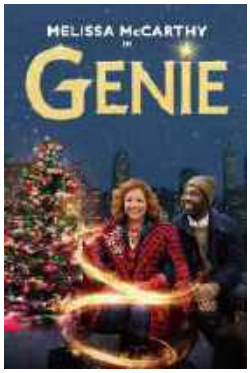
Donations Appreciated!

MPLC
Motion Picture Licensing Corporation
Lic. 503995364

February 2 - *Oppenheimer*

(2023) R 3 hr.

During World War II, Lt. Gen. Leslie Groves Jr. appoints physicist J. Robert Oppenheimer to work on the top-secret Manhattan Project. Oppenheimer and a team of scientists spend years developing and designing the atomic bomb. Their work comes to fruition on July 16, 1945, as they witness the world's first nuclear explosion, forever changing the course of history.



February 9 - *Genie*

(2023) PG 1 hr. 33min.

As his life unravels around him just in time for Christmas, Bernard dusts off an antique jewellery box that happens to contain trapped genie Flora, who might just be able to help him.

Bartlett Hall Activity News

Wednesday, February 7

A Grace Hudson Museum Tour is planned at 10:00 a.m.

Thursday, February 15

An outing to Oscar's Place, the donkey sanctuary in Hopland is planned for 9:30 a.m.

Find out more information about these outings by calling:

707 - 462 - 4343 EXT 7003

February 16 - *The Creator*

(2023) PG-13 2 hr. 13min.

As a future war between the human race and artificial intelligence rages on, ex-special forces agent Joshua is recruited to hunt down and kill the Creator, the elusive architect of advanced AI. The Creator has developed a mysterious weapon that has the power to end the war and all of mankind. As Joshua and his team of elite operatives venture into enemy-occupied territory, they soon discover the world-ending weapon is actually an AI in the form of a young child.

February 23- *NYAD*

(2023) PG-13 2 hr.

Sixty-four-year-old marathon swimmer Diana Nyad attempts to become the first person ever to swim from Cuba to Florida.

Thrift Store News

The Thrift Store needs good quality used (or new) housewares and furniture!

The Thrift Store has been quite busy during the new year and is now seeking donations to refill the floor and shelves. Merchandise in the Thrift Store turns over frequently.

If you haven't been in recently, stop by to see what's new. We're pen Monday through Saturday from 10:00 a.m. to 4:00 p.m.

To arrange pick up of furniture you wish to donate, contact Thrift Store 707-462-4343 x 7010.

The Thrift Store is a significant source of revenue supporting the programs and activities of the Ukiah Senior Center. Your donations and purchases are greatly appreciated.

Heather Haydon
Outreach Manager
(707) 462 - 4343
ext.7006
outreach@ukiahseniorcenter.org
Information representative for CalFresh
Heather will be available to answer your questions in Bartlett Hall, from 1:00 p.m. to 2:00 p.m. on Fridays.

Welcome New Members!

Alize Degallier

Catherine Cotterman

Byron Benninger

Sharon Wedegaertner

Sally Young

Lonnie Hardage

Geraldine Kral

Carol Lynn Randall

Mike Park

Joanne Park

Carol Dygert

The Ukiah Senior Center
expresses our heartfelt sympathy
to the friends, family and loved ones of...

Carmen Fairweather

Cari Stiles

Happy February Birthday to You!

Kathy Baarsch
Bob Binney
Brenda Bouillerce
Barbara Bristol
Merle Carlson
LuJuanna Carlstedt
Bill Causse
Fu Lin Chang
Diana Clarke
Sunny Cordell
Bill Courtney
Elle Crosby
Kevin Dixon
Karen Feeney
Joyce Ford
Janet Freeman
Cynthia Gidlof
Jennifer Greenfield
Alice Gregor
Duane Grilli
Deborah Grille
Gordon Hasler
Ann Hershberger
Linda Houston
Ed Howe
Leigh Hunt
MaryJane Kardas
Valerie Keehn
Vickie Kinman
David Kirch
Marjorie Leach
Sheila Leighton
David Lieberman
Elizabeth MacFarland
Judy Morgan
Howard Morgan
Stacey Moroney
Frances Neufeld
Keith Oakley
Jennie Parducci
Valerie Parker
Julie Poole
David Putnam
Cheryl Raner
Beatrix Robinson
Daryl Rust
Belinda Schafer
Kathryn Schapmire
Molly Schultz
Gay Sibley
Joanie Stevens
Erica Strong
Christopher Thomas
Bonnie Thornton
Patricia Trenholm
Shirley Valentini
Diana Waddle
Gail Walker
Carolyn Welch
Arline Welles
James Werner

Ice Cream Social

The Ice Cream Social will be held on Monday, February 26, from 2:00-3:00 p.m. Entertainment will be provided by our very own, "Mendo-C-Notes."

The Ice Cream Social is a community event and all are welcome to come and enjoy a dish of ice cream with toppings and pie or cake for $3.00.
Members over 90 years old or those coming to the Social in their birthday month will enjoy free admission.
This event has a $50 raffle grand prize sponsored by this month's Selzer realtor, Jake McFadden.
Door prizes will include a breakfast for two at Windmills Café!
Thanks to the donors and volunteers who set up and serve for the Ice Cream Social held in Bartlett Hall, (707) 462-4343.

Thank You for supporting our Dining Room and Ice Cream Socials !

WINDMILLS Cafe
Breakfast
Lunch & Dinner

Lucky
MEANS LOW PRICES

SAFEWAY

Job Opening

The **Executive Director** of the Ukiah Senior Center is a full-time salaried position that includes benefits of medical, dental, "vision sick leave" and paid vacation. Current salary range: $66,560-$82,560

The Executive Director represents the Center in the community and partners with other non-profits, local businesses, and government agencies to strengthen USC's programs and expand USC's community involvement.

Job description and applications are available at 499 Leslie Street, Ukiah CA 95482 or on the Senior Center website: www.ukiahseniorcenter.org See "Employment" under the "About Us" tab.. Call (707)462-4343 ext. 7002 for more information.

The next Ukiah Senior Center Board Meeting will take place on Wednesday, February 21 at 2:30 p.m. in the Lunch Bunch Room.

Volunteer at the Center

Volunteers of all kinds and skills are needed to work at Ukiah Senior Center. Prospective volunteers who may want to serve as receptionists, servers, custodian assistant, kitchen help or food bank pickup in Bartlett Hall or work sorting, pricing or clerking in the Thrift Store a few hours a day or a few days a week are encouraged to contact our Volunteer Coordinator. The Center hosts a variety of events throughout the year including dances, holiday dinners and special sales that also need volunteers. We could not continue to provide programs, activities and events without our valued volunteers. Contact volunteer Coordinator, Amelia Rodriguez, 707-462-4343 x 7003 for more information.

Sponsor a Senior Meal or Ride

Meal cards and Bus passes are also available to purchase for a senior.

☐ # Meals X $8.00 = _____

☐ # Rides X $6.00 = _____

Mail your donation with this coupon to:
Ukiah Senior Center
499 Leslie Street
Ukiah, CA 95482
or...
Bring to Bartlett Hall Monday - Friday
9:00 a.m. - 5:00 p.m.

Sponsor a Senior Health Ride

Help a senior with transportation to medical appointments, locally or out of town.

☐	Ukiah	$6.00
☐	Willits	$30.00
☐	Santa Rosa	$70.00
☐	Other	_____

Donations can also be made online at:

www.ukiahseniorcenter.org

Ringing in the New Year!

The Center's New Year's Eve Dance was a wonderful event. Bartlett Hall was filled with people dressed in their fancy attire and enjoying dancing and listening to the music. Everyone had so much fun and we think doing this every year would be a wonderful tradition. We are so excited about all the wonderful events we have planned in 2024!

The Center would like to thank our talented Photographer Volunteer, Fran Roeber, for these fantastic photos.

We'd also like to thank the Center's staff, Dona Mitcham, Amelia Rodriguez and Board Member Kristin Kelly for additional Scoop photo contributions.

Ukiah Senior Center
499 Leslie Street
Ukiah, CA 95482-5506

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